

ADVISORY

Dear Parent,

As per CBSE guidelines we advise you to be vigilant about your ward's internet usage. By being vigilant and setting basic rules we can minimise greatly the risk to our children from the internet and make it an invaluable and educational tool that it should be.

The Internet is a wonderful and amazing tool with lots of information available from all over the world but, can also pose a risk to the safety of our children if not used correctly. Sensitive and inappropriate information can be sent right into our homes along with everything else. By taking responsibility for your children's online computer use, parents can greatly minimize any potential risks of being online and safeguard their child's safety.

1. Don't have the computer in your children's bedroom. Put it in a public part of the house if possible. Also try to share the Internet with your children.

2. Tell your children NOT to put photos of themselves on the Internet or to give out their names, addresses, phone numbers, schools, or other personal information online.

3. Get to know the sites your child uses. If you don't know how to log on, get your child to show you. Find out what types of information the site offers and whether there are ways for parents to block out objectionable material.

4. Install an Internet filter or family safety software. Family safety software is becoming extremely advanced and is an effective way to filter dangerous content.

5. Manage your children's time on the Internet. Scheduling times when a child can be on the Internet and the amount they can be online ensures that you know when they are on the Internet and how long. By not allowing them to have free reign reduces their chances of being exposed to inappropriate content.

6. Set reasonable rules and guidelines for computer use by your children. Talk about the rules and post them near the computer as a reminder.

7. Remind your child to tell either yourself or a teacher if they see a website or receive an email that makes them feel unhappy or uncomfortable .

8. Remind your child never to download anything from the internet without your permission.

(Dr. D.K. Pandey)
Principal